



RESISTING WHILE AFRICAN/BLACK DURING COVID-19

ABOUT BLACK HEALTH MATTER

Black Health Matters seeks to investigate the impact of COVID-19 on the African/Black populations within Canada and transnationally. The pandemic has taken a heavy toll on everyone, but African/Black communities have been the hardest hit.

Black Health Matters initiative recognizes the barriers that exist specifically within the African/Black populations, and it not only seeks to identify and highlight those barriers, but also to create effective intervention strategies to resist anti- Black racism, structural oppression.

IMPORTANCE OF RACE-BASED & INTERSECTIONAL DATA

Race-based and intersectional data is not collected in Canada and this has led to detrimental health outcomes for the African/Black population. The Black/African population have historically and continuously been treated differently due to colonialism, anti-Black racism, and all other forms of intersectional violence. Without this data, we do not know the magnitude of the pandemic's impact on our communities or the specific resources or interventions they require.

The importances of collecting both race-based and intersectional data is because the Black and African population are heterogeneous and come from different regions of the world and the pandemic has affected them differently according to their intersecting identities. **Black Health Matters** recognizes the process of collecting race-based and intersectional data by Black/African professionals from various sectors will lead the way for dignified, accurate and informative research that can be used to support Black/African communities.

HERE'S WHAT NEW:

BLACK HEALTH MATTERS INITIATIVE

PHASE 1 AND PHASE 2
OF THE PROJECT:
LAUNCH OF GLOBAL
SURVEY AND FOCUS
GROUPS

WHO IS DR.ROBERTA
TIMOTHY?



SPOTLIGHT

PHASE ONE AND
PHASE TWO OF THE
PROJECT

PHASE ONE: SURVEYS

NEWS! As of phase 1, we have recently launched our global surveys in late March to examine the experiences and resistance methods of African/Black communities globally during the pandemic. The survey is available in four different languages: *French, Spanish, Portuguese and English*. This is to ensure that the survey is accessible to a wide-range of Black/African population globally.

Both national and global surveys are still on-going and we would like to hear from you! Please take our survey and let us know how the Covid-19 pandemic has impacted you www.blackhealthmatterscovid19.com

PHASE TWO: FOCUS GROUPS

For phase 2 of data collection, a series of web-based focus groups will be held from Tuesday August 3, 2021 through Friday August 6th, 2021 to gain information about the experiences, impact and interventions for COVID-19 in African/Black women and men across Canada. We are looking for English-speaking participants who are essential service workers, first-line healthcare workers, and community leaders/informants. Francophones focus groups are on the way, so please stay tuned!

We understand how important this research is for Black/African communities who hope for a change in policies that impact their daily lives. If you are interested and want more information about eligibility criteria and dates, please visit www.blackhealthmatters.ca/org or refer to the flyers for further information.

Our national advisory committee is hard at work and we are in the process of expanding our team with an international advisory committee!



SPOTLIGHT

WHO IS DR. ROBERTA
TIMOTHY?

DR. ROBERTA TIMOTHY

The project was launched by Dr. Roberta Timothy, who is appointed Black Health Lead at the Dalla Lana School of Public Health (DLSPH), at the University of Toronto. Dr. Timothy is also the principal investigator in the Black Health Matters Covid-19 project.

Dr. Timothy locates herself as an African/Black, feminist, womanist, from a working-class background. She is an educator with over 30 years of experience, a therapist, community organizer, anti-oppression psychotherapist, researcher, and a mother.

Dr. Timothy has a long history as an activist and seeks to highlight intersectional oppression, systemic racism, while providing resistance strategies to create change.

*"Connecting with community is crucial because Black health is community health". - Dr. Roberta Timothy
DLSPH
Newsletter*



CONNECT WITH US

Twitter:

- Account Name: Black Health Matters - La santé des noirs compte
- Handle: @bhm covid19
- Website Address: www.twitter.com/bhm covid19

LinkedIn:

- Website Address: www.linkedin.com/company/bhm covid19
- Account Name: Black Health Matters - La santé des noirs compte
- Handle: @bhm covid19

Instagram:

- Website Address: www.instagram.com/bhm covid19
- Account Name: Black Health Matters
- Handle: @bhm covid19

Facebook:

- Website Address: www.facebook.com/bhm covid19
- Account Name: Black Health Matters - La santé des noirs compte
- Handle: @bhm covid19





FINDINGS

SPOTLIGHT

WHO ARE WE
WORKING WITH?

We are working with national advisory committee; however, the international advisory committee is in progress.

The project will use a methodological framework; scoping review, mixed methods, critical qualitative, survey, focus groups, critical quantitative. The preliminary findings are 50% completed but there are also 50% data that still remains missing. Through this research we also seek to create a correlations data base and develop outreach strategies to recruit African/Black into research data.

SURVEYS

The English-language survey were nationally launched at the end of December 2020 and other languages launched end of March 2021. Current research has shown a workload increase for African/Black in sectors such as healthcare, shelters, and precarious work. The survey examines the intervention and resistance within African/Black communities nationally and transnationally during the pandemic.

We would like to hear from you! Please take our survey and let us know how the Covid-19 pandemic has impacted you
<https://blackhealthmatterscovid19.ca/>